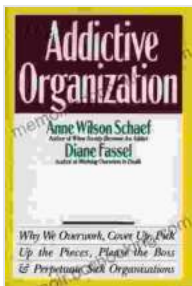


# Why We Overwork, Cover Up, Pick Up the Pieces, Please the Boss, and Perpetuate

We all know the feeling of being overwhelmed at work. We have too much to do, and not enough time to do it. We feel like we're always behind, and we're always stressed out.



## The Addictive Organization: Why We Overwork, Cover Up, Pick Up the Pieces, Please the Boss, and Perpetuate S by Anne Wilson Schaefer

★★★★☆ 4.2 out of 5

Language	: English
File size	: 1020 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 242 pages



But what if I told you that there's a better way to work? A way to work that's more productive, less stressful, and more fulfilling?

In his book, "Why We Overwork, Cover Up, Pick Up the Pieces, Please the Boss, and Perpetuate," Dr. Wayne Dyer reveals the five key behaviors that are holding us back from achieving our full potential at work. These behaviors are:

- Overworking

- Covering up
- Picking up the pieces
- Pleasing the boss
- Perpetuating

Dr. Dyer explains how these behaviors are interconnected, and how they create a cycle of stress and overwhelm. He also provides practical advice for how to break free from these behaviors and start working in a way that's more productive, less stressful, and more fulfilling.

"Why We Overwork, Cover Up, Pick Up the Pieces, Please the Boss, and Perpetuate" is a must-read for anyone who wants to improve their work life. Dr. Dyer's insights are practical, actionable, and life-changing.

### **Here are some of the key takeaways from the book:**

- Overworking is not a sign of success. It's a sign of stress and overwhelm.
- Covering up mistakes only makes them worse. It's better to own up to your mistakes and learn from them.
- Picking up the pieces after others only enables them to continue making the same mistakes. It's better to teach them how to do it right.
- Pleasing the boss is not the same as doing a good job. It's about putting your own needs first.
- Perpetuating the status quo only keeps us stuck in the same old rut. It's time to break free from the cycle and create a new way of working.

If you're ready to break free from the cycle of stress and overwhelm, and start working in a way that's more productive, less stressful, and more fulfilling, then I encourage you to read "Why We Overwork, Cover Up, Pick Up the Pieces, Please the Boss, and Perpetuate." It's a book that will change your life.

### Here are some additional resources that you may find helpful:

- Dr. Wayne Dyer's website
- Why We Overwork, Cover Up, Pick Up the Pieces, Please the Boss, and Perpetuate on Our Book Library



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