

The Highs and Lows of My Life as an NHS GP: A Personal Account of the Challenges and Rewards

Being a general practitioner (GP) in the National Health Service (NHS) is a challenging and rewarding career. I have been working as an NHS GP for over 10 years, and I have seen firsthand the highs and lows of the job. In this article, I will share my personal experiences and insights into the life of an NHS GP, exploring both the challenges and the rewards that come with the role.



The Doctor Will See You Now: The highs and lows of my life as an NHS GP by Amir Khan

★★★★☆ 4.7 out of 5

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The Challenges

There is no doubt that being an NHS GP can be a challenging job. The workload is often heavy, and the hours can be long and unsociable. GPs are often on the front line of healthcare, dealing with a wide range of medical conditions, from minor ailments to life-threatening illnesses. They

must be able to make quick and accurate decisions, and they must be able to deal with a variety of patients, from young children to the elderly.

In addition to the workload and the hours, GPs also face a number of other challenges. These include:

- **Budget cuts:** NHS funding has been cut in recent years, and this has led to increased pressure on GPs. GPs are now expected to do more with less, and this can make it difficult to provide the level of care that patients need.
- **Patient expectations:** Patients have high expectations of GPs, and they often expect to be seen quickly and to be given the treatment that they want. This can be difficult to meet, especially when GPs are under pressure to see as many patients as possible.
- **Government targets:** GPs are also subject to a number of government targets, such as the target to see 95% of patients within 24 hours. These targets can be difficult to meet, and they can add to the stress of the job.

The Rewards

Despite the challenges, being an NHS GP can also be a very rewarding career. GPs have the opportunity to make a real difference to the lives of their patients, and they can play a vital role in the community. Some of the rewards of being an NHS GP include:

- **Making a difference:** GPs have the opportunity to make a real difference to the lives of their patients. They can help people to get

better, they can prevent illness, and they can support people through difficult times.

- **Variety:** GPs see a wide variety of patients and conditions, which makes the job interesting and challenging.
- **Flexibility:** GPs have the opportunity to work flexibly, which can be a great benefit for those with family commitments.
- **Job security:** NHS GPs have job security, which is a valuable benefit in the current economic climate.

Being an NHS GP is a challenging and rewarding career. There are many challenges to face, but there are also many rewards. If you are considering a career in medicine, then I would encourage you to consider becoming an NHS GP. It is a challenging but rewarding job that can make a real difference to the lives of others.

Author Bio

I am a GP in the NHS, and I have been working in the field for over 10 years. I have a passion for helping others, and I believe that everyone deserves access to quality healthcare. I am committed to providing the best possible care to my patients, and I am always looking for ways to improve my skills and knowledge.



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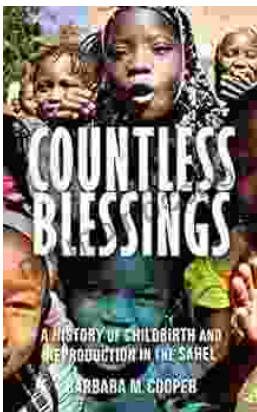
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