

Flavor-Filled Easy Recipes for Families with No Time and Lots to Do



The Full Plate: Flavor-Filled, Easy Recipes for Families with No Time and a Lot to Do by Ayesha Curry

★★★★☆ 4.7 out of 5

Language : English
File size : 50830 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 240 pages



As a parent, you know that time is a precious commodity. Between work, school, activities, and everything else that life throws your way, it can be tough to find the time to cook healthy, nutritious meals for your family.

That's where this cookbook comes in. With over 100 easy-to-follow recipes, Flavor-Filled Easy Recipes for Families with No Time and Lots to Do will help you put delicious meals on the table in no time. The recipes are all family-friendly, so everyone will find something they love.

But don't let the word "easy" fool you. The recipes are also packed with flavor. Your family will love the taste of the dishes in this cookbook.

Recipes in this Cookbook:

- **Breakfast**

- Pumpkin Spice Pancakes
- Easy Waffles
- Overnight Oats
- Yogurt Parfaits
- Breakfast Burritos

- **Lunch**

- Grilled Cheese Sandwiches
- Peanut Butter and Jelly Sandwiches
- Tuna Salad Sandwiches
- Chicken Noodle Soup
- Mac and Cheese

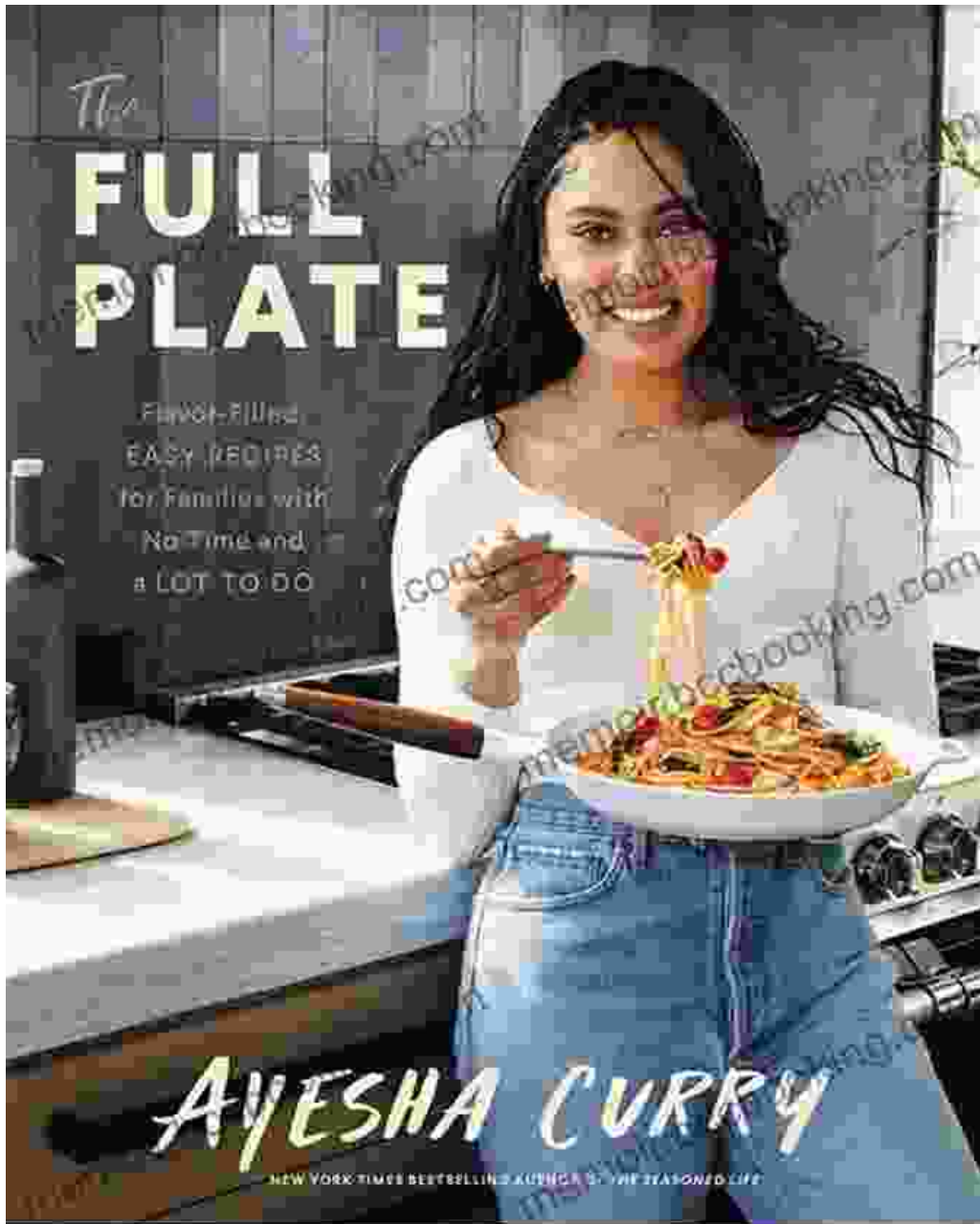
- **Dinner**

- Spaghetti and Meatballs
- Chicken Tacos
- Pizza
- Stir-Fry
- Slow Cooker Pulled Pork

- **Snacks**

- Fruit Salad
- Vegetable Sticks
- Yogurt
- Trail Mix
- Popcorn
- **Desserts**
 - Chocolate Chip Cookies
 - Brownies
 - Ice Cream
 - Fruit Pie
 - Pudding

So what are you waiting for? Free Download your copy of Flavor-Filled Easy Recipes for Families with No Time and Lots to Do today!



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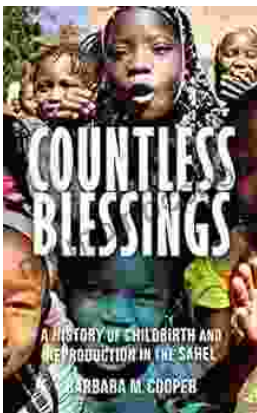
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