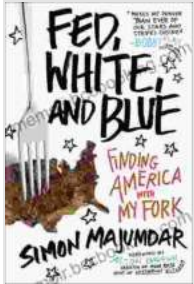


Finding America With My Fork: A Culinary Road Trip Through the History and Culture of the United States



Fed, White, and Blue: Finding America with My Fork

by Alexander Armstrong

★★★★☆ 4.1 out of 5

Language : English
File size : 10087 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 307 pages

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Join award-winning food writer and James Beard Award-winning author Carla Hall on a culinary road trip across America. Through food, she explores the history, culture, and people that make our nation so unique.

From the bustling streets of New York City to the rolling hills of the Midwest, from the sun-drenched beaches of California to the vibrant streets of New

Orleans, Carla Hall travels the country in search of the stories behind our food.

She meets with farmers, chefs, activists, and everyday Americans who share their food, their stories, and their dreams. Through these encounters, Carla gains a deeper understanding of the complex tapestry of our nation's food culture.

Finding America With My Fork is a celebration of the rich diversity of American food. It is a journey of discovery that will change the way you think about food and the role it plays in our lives.

Praise for *Finding America With My Fork*

"Carla Hall is a gifted storyteller and a passionate advocate for the power of food. *Finding America With My Fork* is a must-read for anyone who loves food, history, and the American spirit." — **Marcus Samuelsson, chef and restaurateur**

"Carla Hall has written a love letter to America, one that is told through the lens of food. *Finding America With My Fork* is a delicious and inspiring read." — **Gabrielle Hamilton, chef and restaurateur**

"Carla Hall is a national treasure. *Finding America With My Fork* is a testament to her passion for food and her love for our country." — **Padma Lakshmi, chef and television personality**

About the Author

Carla Hall is an award-winning food writer, chef, and television personality. She is the co-host of the popular cooking show *The Chew* and the author of

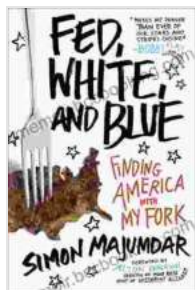
four cookbooks, including the James Beard Award-winning *Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time*.

Carla Hall is a graduate of Howard University and the Culinary Institute of America. She has worked as a chef in some of the most prestigious restaurants in the country, including the White House. She is a passionate advocate for food justice and has worked with numerous organizations to promote healthy eating and cooking.

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