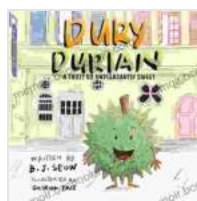


# Durian: The Unpleasantly Sweet Fruit That's Worth Trying

Durian is a unique fruit with a strong, pungent odor and a creamy, custard-like texture. It is native to Southeast Asia and is highly prized for its flavor, despite its unpleasant smell.



## Dury Durian: A Fruit So Unpleasantly Sweet by B.J. Seow

★★★★☆ 4.8 out of 5

Language : English

File size : 17406 KB

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Print length : 252 pages

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The durian fruit is large and round, with a thick, spiky rind. The flesh of the fruit is creamy and yellow, and it contains large, black seeds. The durian fruit has a strong, pungent odor that some people find unpleasant.

However, the flavor of the fruit is sweet and creamy, and it is often described as being similar to custard or ice cream.

The durian fruit is a good source of vitamins and minerals, including vitamin C, potassium, and fiber. It is also a good source of antioxidants. The durian fruit has been shown to have several health benefits, including reducing the risk of heart disease, cancer, and stroke.

If you are interested in trying durian fruit, it is important to be aware of its strong odor. However, if you can get past the smell, you will be rewarded

with a delicious and nutritious fruit.

### **Here are some tips for eating durian fruit:**

- Choose a ripe durian fruit. The fruit should be soft to the touch and have a slightly yellow color.
- Cut the durian fruit in half and remove the seeds.
- Eat the durian fruit with a spoon or your fingers.
- Enjoy the unique flavor of durian fruit!

### **Durian Fruit Recipes**

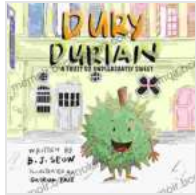
If you are looking for a way to enjoy durian fruit, here are a few recipes to try:

- **Durian smoothie:** Combine durian fruit, yogurt, and milk in a blender and blend until smooth.
- **Durian ice cream:** Combine durian fruit, cream, and sugar in a blender and blend until smooth. Pour the mixture into an ice cream maker and freeze according to the manufacturer's instructions.
- **Durian cake:** Combine durian fruit, flour, sugar, and eggs in a bowl and mix until well combined. Pour the batter into a greased and floured cake pan and bake at 350 degrees Fahrenheit for 30 minutes, or until a toothpick inserted into the center comes out clean.

### **Where to Buy Durian Fruit**

Durian fruit can be Free Downloadd at Asian grocery stores or online. If you are buying durian fruit online, be sure to choose a reputable seller.

Durian fruit is a unique and delicious fruit that is worth trying. Despite its strong odor, the flavor of durian fruit is sweet and creamy, and it is a good source of vitamins and minerals. If you are looking for a new and exciting fruit to try, durian fruit is a great option.



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