Caring for Cardiac Surgery Patients: The Definitive Guide for Nurses and Healthcare Professionals

Cardiac surgery is a complex and challenging field, and the care of cardiac surgery patients requires a high level of expertise and knowledge. This book is a comprehensive guide to the care of cardiac surgery patients, covering everything from preoperative assessment and planning to postoperative care and management.

Preoperative Assessment and Planning

The preoperative assessment and planning phase is critical to the successful outcome of cardiac surgery. This phase includes a thorough history and physical examination, as well as a variety of diagnostic tests. The goal of the preoperative assessment is to identify any potential risks or complications and to develop a plan for the surgery.



Fast Facts for the Cardiac Surgery Nurse, Third Edition: Caring for Cardiac Surgery Patients by Antonio Robert

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Intraoperative Care

The intraoperative phase of cardiac surgery begins with the induction of anesthesia. Once the patient is asleep, the surgeon will make an incision in the chest and open the pericardium. The surgeon will then perform the necessary repairs or replacements to the heart and blood vessels.

Postoperative Care

The postoperative care phase begins when the patient is transferred to the intensive care unit (ICU). The goal of the ICU stay is to monitor the patient's condition and to provide supportive care. The patient will typically be extubated (removed from the ventilator) within 24-48 hours after surgery.

Discharge Planning

The discharge planning process begins as soon as the patient is stable and ready to be discharged from the hospital. The goal of discharge planning is to ensure that the patient has the necessary resources and support to continue their recovery at home.

Nursing Care

Nurses play a vital role in the care of cardiac surgery patients. Nurses are responsible for assessing the patient's condition, providing supportive care, and teaching the patient and family about the recovery process.

Caring for cardiac surgery patients is a complex and challenging task. However, with the right knowledge and expertise, nurses and healthcare professionals can provide the best possible care for these patients. This book is a valuable resource for all those involved in the care of cardiac surgery patients.

About the Author

Jane Doe, RN, MSN, CCRN, is a critical care nurse with over 10 years of experience in the care of cardiac surgery patients. She is a certified critical care registered nurse (CCRN) and a member of the American Association of Critical-Care Nurses (AACN).



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